

# your first call in a crisis

Crisis Care is a telephone information and counselling service for people in crisis needing urgent help.

It operates 24 hours,  
7 days a week.



**9223 1111**

**1800 199 008**

(COUNTRY FREE CALL)

CRISIS CARE CAN BE ACCESSED THROUGH THE  
TRANSLATING AND INTERPRETING SERVICE ON 13 14 50



# telephone crisis care when...

- You need someone to help sort out a serious problem.
- You are concerned about the wellbeing of a child.
- You are escaping domestic violence and need help.
- Arguments are causing unhappiness and problems in your family.
- You are homeless.
- You need counselling, information or other support.



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